



## Chapter and Support Group Meetings

If you are interested in more information, please contact SSNS at (902) 465-2601 or 1-800-465-2601 (toll free) or send an email to: [contact@ssns.ca](mailto:contact@ssns.ca)

**Note:** Most chapters do not meet in July, August, and December (except for a *Holiday Season Social*)

<p><b><i>Sydney Mental Health &amp; Addictions Family Support Group</i></b>  <a href="#">Website</a></p>	<p><i>Third Monday of Each Month</i>            Grand Lake Road Fire Hall            Classroom 15  <u>850 Grand Lake Road</u>            Sydney, Nova Scotia</p>	<p>6:30pm</p>
<p><b><i>Antigonish County Mental Illness Family Education &amp; Support Group Meeting</i></b>  <a href="#">Website</a></p>	<p><i>Second Wednesday of Each Month</i>            Community Room            The People's Place Library  <u>283 Main Street</u>            Antigonish, Nova Scotia</p>	<p>6:30pm</p>
<p><b><i>From Recovery to Discovery Peer Support Group</i></b>  <a href="#">Website</a></p>	<p><i>Every Thursday Evening</i>            Community Room            Atlantic Superstore – Barrington Street  <u>1075 Barrington Street</u>            Halifax, Nova Scotia</p>	<p>6:30 pm</p>
<p><b>HRM Chapter</b>  <a href="#">Website</a></p>	<p><i>Second Monday of Each Month</i>            Room 1243A, Halifax Infirmary            Queen Elizabeth II Health Sciences Centre  <u>1796 Summer Street</u>            Halifax, Nova Scotia</p>	<p>7:00 pm</p>
<p><b>Kings County Chapter</b>  <a href="#">Website</a></p>	<p><i>Third Wednesday of Each Month</i>            Lou Millet Community Centre, Room 119  <u>9489 Commercial Street</u>            New Minas, Nova Scotia</p>	<p>7:00 pm</p>
<p><b>Richmond County Family Education &amp; Support Group</b>  <a href="#">Website</a></p>	<p><i>First Wednesday of Each Month</i>            Richmond Education Centre/Academy  <u>3238 Whiteside Road</u> (Classroom 104)            Louisdale, Nova Scotia</p>	<p>6:30 pm</p>

<b>New Minas – Support for Family and Friends of Persons Living with Mental Illness</b>	<i>First Monday of Each Month</i> <a href="#">1032 Club Crescent</a> New Minas, Nova Scotia	7:00 pm
<a href="#">Website</a>		
<b>Pictou County Education &amp; Support Group</b>	<i>Second Tuesday of Each Month</i> NSCC Pictou Campus, Room B-120 <a href="#">39 Acadia Avenue</a> Stellarton, Nova Scotia	7:00 pm
<a href="#">Website</a>		
<b>Inverness County Family Education &amp; Support Group</b>	<i>Fourth Monday of Each Month</i> Inverary Manor <a href="#">27 Maple Street</a> Inverness, NS	6:30pm
<a href="#">Website</a>		
<b>Guysborough County Family Education &amp; Support Group</b>	<i>Fourth Wednesday of Each Month</i> Guysborough Memorial Hospital <a href="#">10560 Route 16</a> Guysborough, NS	6:30pm